

Styrketränningsutrustning



Atlantis 40 Degree Leg press



Atlantis Power Squat



Atlantis Smith machine



Atlantis Poliquin rack



Eleiko Half Rack (2 st)



Atlantis Seated calf



Atlantis Leg extension



Atlantis Leg curl



Atlantis Chest press



Atlantis Rowing machine



Atlantis Lateral raise



Atlantis Shoulder press



Atlantis Pec fly/Rear delt



Atlantis Standing calf



Atlantis Dual seated crunch



Atlantis Dynamic Functional Training System



Atlantis Adjustable Crossover



Atlantis Adjustable Pulley Station



Atlantis Lat pull down



Atlantis Selectorized Low row



Atlantis Glute and Ham



Atlantis Standing preacher curl



Adjustable Sit up bench



Hantlar 1 - 63,5 kg



Skivstänger (3 st) och mer än 2 ton vikter



Curlstång (2 st)

Konditionsutrustning



Löpband (2 st)
Max hastighet: 25 km/h och max lutning: 30 %.



Roddmaskin



Cyklar (2 st)



Crosstrainers (2 st)